



## Basic DFA Practitioner Training Program

### Requirements for Admission

Those wishing to enter the DFA Training Program must demonstrate an active interest in, and knowledge of, the biological and behavioral sciences.

Candidates must also demonstrate sensitivity in relating to others and have a creative interest in facilitating the process of change within themselves as well as others. Listed below are the requirements for entering the training:

- 1. DFA sessions.** Each candidate must have been in process of weekly sessions with a certified DFA practitioner for at least a year. Those candidates who have no DFA practitioner in their area must make arrangements for an alternative program of private sessions and workshops.
- 2. Psychological aptitude.** The practice of DFA work evokes changes in the emotional, mental, spiritual and physical aspects of the clients' experience. DFA practitioners must demonstrate the knowledge and insight to effectively facilitate these changes. Candidates for the DFA Training Program must have appropriate academic and experiential grounding in psychology and human behaviour.
- 3. Educational Background and/or work experience** DFA work requires a cultural background which is acquired through some kind of classical education in sciences or humanities and/or professional experience. The DFA training program is not a substitute for this education, but rather builds on it. Candidates must be willing to commit to be in an ongoing learning process and, if necessary, even go back to school to deepen their general understanding of culture. Part of the learning takes place in an ongoing process of weekly DFA sessions even after certification.
- 4. Knowledge of Human Anatomy.** The study of human anatomy must specifically include bones, and their articulation, physiology and kinesiology. Other recommended areas of study include massage, bodywork techniques, and life drawing.
- 5. Licensing:** According to each country's legislation. In the USA for example, certain states require a massage license.

If requirements have been met, candidates are invited to present the following materials:



## Somatic Pattern Recognition

**1. A FORMAL LETTER OF APPLICATION.** Please indicate your experience with DFA work, why you want to become a DFA practitioner, any other knowledge you might have that would be applicable to this work, the nature of your interest and your plans regarding a full-time dedication to DFA.

**2. CURRICULUM VITAE** Education and work experience (with dates), hobbies, teaching experience, personal data to include date of birth, height, weight, mail address, email address and telephone number/s

**3. PERSONAL ESSAY** The following questions have been designed to give you the opportunity to explore and demonstrate your awareness of your personal process. Because we have names we tend to think of ourselves as nouns (things); think of yourself as a verb (a continuous process). Write a brief autobiography of yourself as a process... where do you come from, where are you and where do you see yourself going. Include an evaluation of your strong points and weak points. How would you like to see your life develop? Please be quite candid. (Type or write in capital letters).

A. How do your strong and weak points affect your ability to relate to others?

B. Indicate any trauma that has been important in your life. Include any extraordinary circumstances of birth, lesions, surgery, chronic or grave diseases (with dates). Women should include pregnancies, abortions (spontaneous or provoked), and extraordinary aspects of giving birth (with dates).

C. What spiritual and psychological processes have been especially valuable for you? Include group experiences, type and duration of personal therapy (with dates). Briefly, state how they served you. Do you believe you have enough knowledge and understanding of you own process to have the freedom to facilitate that of another? What experience led you to apply for admission into the DFA training program?

#### **4. FOUR RECENT FOTOS**

Full body, clothed, from in front, from the sides, from behind

**5. A LETTER OF RECOMMENDATION** should be sent directly by your DFA practitioner.

**6. APPLICATION FEES** 75 € (non refundable)

A handwritten signature in green ink that reads 'ermie'.

l'estudi de respiració, moviment i integració estructural  
Av. Príncipe d'Astúries 21, local 4 08012 Barcelona  
Tel.: (+34) 93 217 32 74, Móvil: (+34) 606 67 64 36  
[www.ermie.net](http://www.ermie.net)



## Somatic Pattern Recognition

Please send your application for admission into the DFA Training Program to  
ermie  
Av. Príncep d'Astúries 21, local 4  
08012 Barcelona  
Spain

The DFA staff will examine your application. If you have been admitted into the Basic Training Program you will be notified as shortly as possible.

**Important:** All applications must be submitted in English. If necessary, the DFA staff can hand over the task of translating to one of the current translators at the candidate's expense.

Thank you very much for your interest in the DFA Somatic Pattern Recognition Training Program. If you have questions relating to your qualification for admission into the training program, please, contact the DFA teaching staff.

**Annie B. Duggan - USA**

Tel.: (206) 361 75 54

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[duggan.annie5@gmail.com](mailto:duggan.annie5@gmail.com)

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[brigitte@ermie.net](mailto:brigitte@ermie.net)

The logo for 'ermie' is written in a green, cursive, handwritten style. The word 'ermie' is underlined with a green line.

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